

Health Promotion External Resource Order Form 2024



Contact name:

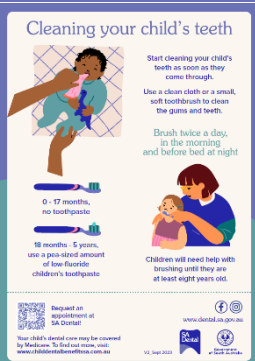

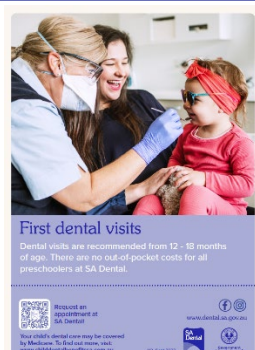
Organisation name:

Address:

Postcode:

Phone: Email:

**Please complete the order form and email to: HealthSADSHealthPromotion@sa.gov.au
For any enquiries, please phone (08) 7117 0070.**

Posters	Description	Quantity (e.g., 50, 100)
 <p>Cleaning your child's teeth</p> <p>Start cleaning your child's teeth as soon as they come through. Use a clean cloth or a small, soft toothbrush to clean the gums and teeth.</p> <p>Brush twice a day, in the morning and before bed at night.</p> <p>0 - 17 months, no toothpaste</p> <p>18 months - 5 years, use a pea-sized amount of low fluoride children's toothpaste</p> <p>Children will need help with brushing until they are at least eight years old.</p> <p>Request an appointment at SA Dental www.dental.sa.gov.au</p>	<p>Cleaning your child's teeth</p> <p>A4 laminated poster</p> <p>Tips for cleaning children's teeth</p>	
 <p>Healthy drinks for your child's teeth</p> <p>Breastfeed or infant formula ✓ Cooked, boiled tap water after 6 months ✓ Cow's milk after 12 months ✓</p> <p>Sugary drinks can cause tooth decay. Don't give your child...</p> <p>Soft drink ✗ Flavored milk ✗ Fruit juice ✗ Cordial ✗</p> <p>Don't put your baby to bed with a bottle of milk or other sugary liquid ✗</p> <p>From 6 months, your child can use a sippy cup ✓</p> <p>Request an appointment at SA Dental www.dental.sa.gov.au</p>	<p>Healthy drinks for your child's teeth</p> <p>A4 laminated poster</p> <p>Advice about tooth friendly drinks</p>	
 <p>First dental visits</p> <p>Dental visits are recommended from 12 - 18 months of age. There are no out-of-pocket costs for all preschoolers at SA Dental.</p> <p>Request an appointment at SA Dental www.dental.sa.gov.au</p>	<p>First dental visits</p> <p>A4 laminated poster</p> <p>Promotion of early dental visits</p>	

Posters

Description

Quantity
(e.g., 50, 100)



Pregnancy and your oral health
A4 laminated poster
Oral health care tips for pregnant women



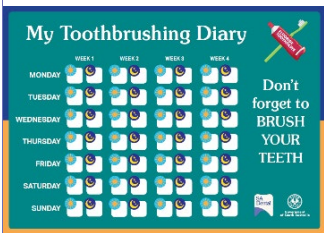
Sugar Food
A4 laminated poster
Sugar content in food items (pictorial based)



Sugar Drink
A4 laminated poster
Sugar content in drink items (pictorial based)



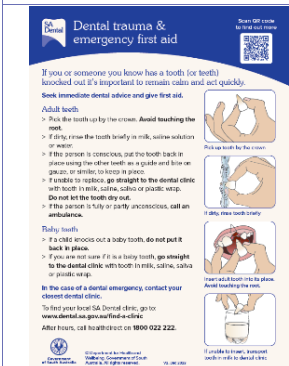
Stop tooth Decay
A4 laminated poster
Advice on tooth decay in children



My Toothbrushing Diary
 A4 poster
 Toothbrushing diary for children



Brushing Teeth
 A4 poster
 Brushing teeth checklist for children




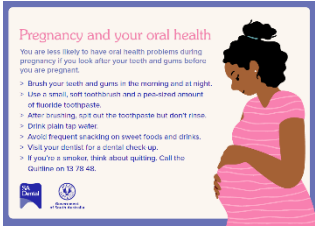
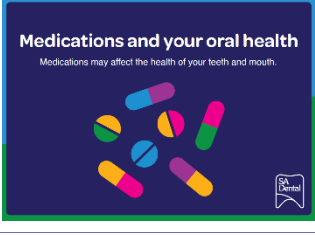

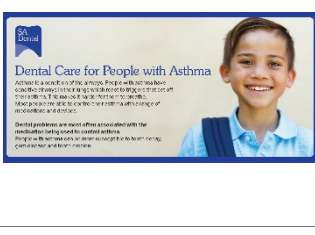
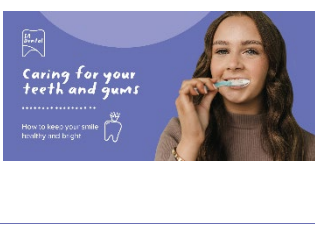

Dental Trauma & Emergency First Aid
 A4 laminated poster
 Advice on dental trauma and first aid







Oral Health and Diabetes
 A4 poster
 Advice for your oral health with diabetes



Kids Dental Care is Covered by Medicare (CDBS)
 A4 laminated poster
 Promotion for CDBS

Postcards / DL	Description	Quantity (e.g., 10, 100)
 <p>First dental visits Dental visits are recommended from 12 - 18 months of age. There are no out-of-pocket costs for all preschoolers at SA Dental.</p>	<p>First dental visits A6 postcard Promotion of early dental visits and oral health care tips</p>	
 <p>Pregnancy and your oral health You are less likely to have oral health problems during pregnancy if you look after your teeth and gums before you are pregnant.</p> <ul style="list-style-type: none"> Brush your teeth and gums in the morning and at night. Use a small, soft toothbrush and a pea-sized amount of fluoride toothpaste. After brushing, spit out the toothpaste but don't rinse. Drink plain tap water. Avoid frequent snacking on sweet foods and drinks. Visit your dentist for a dental check-up. If you're a smoker, think about quitting. Call the Quitline on 13 78 48. 	<p>Pregnancy and your oral health A6 postcard Oral health care tips for pregnant women</p>	
 <p>Medications and your oral health Medications may affect the health of your teeth and mouth.</p>	<p>Medications and Your Oral Health A6 postcard Advice to relieve dry mouth</p>	
 <p>KIDS' DENTAL CARE COVERED BY MEDICARE!</p>	<p>Kids Dental Care is Covered by Medicare (CDBS) A6 postcard Promotion for CDBS</p>	
 <p>Dental Care for People with Asthma Asthma is a chronic condition that affects the airways. People with asthma have a higher risk of oral health problems. It's important to take care of your teeth and gums to help manage your asthma.</p> <p>People with asthma are more often associated with the medication being used to control asthma. This is because the medicine can dry out the mouth and throat, which can lead to oral health problems.</p>	<p>Dental Care of People with Asthma DL Advice to keep teeth and gums healthy with asthma</p>	
 <p>Caring for your teeth and gums How to keep your smile healthy and bright</p>	<p>Caring for your teeth and gums DL Advice on how to keep your smile healthy and bright</p>	
 <p>Vaping and your oral health Using an e-cigarette is often called "vaping". Vaping can cause long-term damage to your teeth and gums.</p>	<p>Vaping and your oral Health DL Advice on vaping and your oral Health</p>	

Brochures	Description	Quantity (e.g., 50, 100)
	<p>Welcome to SA Dental Trifold brochure Information on how to access our service</p>	
	<p>Dental Care for Kids Trifold brochure Tips and Information on how to access our service for kids</p>	
	<p>Give your child's teeth a healthy start Trifold brochure Tips for looking after children's teeth (aged 0-5)</p>	
	<p>Tips for Healthy Teeth Trifold brochure Tips and advice for healthy teeth</p>	

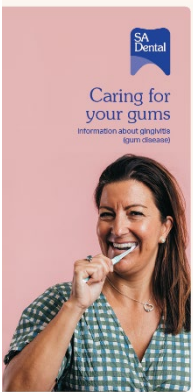


How to Care for your Teeth and Gums

Trifold brochure

Translated pictorial brochure

(see [SA Dental Website](#) for all languages)



Caring for Your Gums

Trifold brochure

Tips and Information for caring for your gums